

# OFFICIAL BIOGRAPHY

JEFF DAMOUR • AUTHOR & MASTER  
BUILDER

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Jeff Damour (born April 6, 1986) is a Master Builder in every dimension of the word. From the physical environments he engineers to the generational legacy he commands, his life is a living testament to the power of unyielding resilience. As detailed in his defining autobiography, *The Fire and The Foundation*, Jeff's journey is not a story of chance; it is an architectural blueprint of survival, extreme discipline, and ultimate triumph.

## | FORGED IN THE FIRE

Great structures are not built on soft ground; they are anchored in the bedrock of experience. Jeff's foundation was forged in the fire of life's trials, strengthened by profound bloodline ties to his

mother, Marie Micheline Damour, and his siblings—Jimmy, Michel, Joel, Marjorie, and Dieunane. Through the darkest moments of the fire, the unwavering loyalty of his cousin Alix and his brothers-in-arms, Thomas and Selaj, served as structural reinforcements, proving that true legacy is never built in isolation.

## **| THE 101 FREQUENCY**

Today, Jeff operates strictly on the "101 Frequency"—a mindset of radical authenticity, relentless personal growth, and structural precision. This philosophy is the engine behind his professional empire as the Founder and CEO of Damour Multi Service, LLC. Backed by rigorous OSHA 30 certification and the exacting, mathematical precision of a Survey Technician, Jeff eliminates the variables. In business, in his writings, and in his personal life, he does not guess; he measures, plans, and executes with absolute authority.

## **| THE KINGDOM OF SEVEN**

Yet, his greatest architectural achievement is not made of concrete or steel; it is made of blood and legacy. His seven children are the ultimate motivation behind every foundation he

pours and every manuscript he completes. The journey of fatherhood—marked by profound moments of realization, such as stepping fully into the life of his daughter Eloïme at 19 months old, and ensuring the precise, honored legacy of his daughter Marie-Aali Keisha—fuels his absolute mandate to build an unbreakable future. The Kingdom of Seven is the ultimate reason the fire was endured.

*The Fire and The Foundation* serves as the ultimate manual for turning adversity into an empire. Jeff Damour stands as living proof that when the fire tests you, the foundation you build from the ashes will last for generations.

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*Proverbs 10:25 – "When the storm has swept by, the wicked are gone, but the righteous stand firm forever."*

**MY GOD IS THE GREATEST POWER.**